

# POSITIVE PRESS



A PUBLICATION OF TRUE BETHEL BAPTIST CHURCH

## UPCOMING EVENTS...

**JANUARY 13, 2012**

### **LASERTRON LOCK-IN**

Annual Family Fun Day at LaserTron from 12:00AM-7:00AM. Cost is \$ 20. Children under 12 need to be accompanied by an adult.

Includes Cybersport, LaserTron, 20 game tokens, food, and unlimited drinks. Tickets are on sale now and can be purchased at the Church Store or Core Desk. For more information please call Anita Sawyer at 716-895-8222 ext 204.

**JANUARY 21, 2012**

### **CORNING GLASS MUSEUM**

The youth will be traveling to the Corning Glass Museum the cost is \$25. For more information please contact Anita Sawyer 716-895-8222 ext 204.

**FEBRUARY 10, 2012**

### **KOK & YOUTH VALENTINES DAY DINNER & DANCE**

6:00PM-9:00PM at Hearthstone Manor 333 Dick Rd, Depew, NY. Ages 4-12 cost is \$13. Ages 13 and up cost is \$15. Tickets go on sale January 5, 2012 and can be purchased at the Church Store or the Core Desk.

**APRIL 8, 2012**

### **EASTER SUNDAY: KLEINHANS**

Please come join us for Easter Service at Kleinhans Music Hall 1 Symphony Circle. Buffalo, NY. Service starts at 10:00AM Doors open at 9:00AM

## TBBC MINISTRY INFO...

**RESTORATION MINISTRY** is pleased to announce TBBC's very own Veterans Support Group Ministry. There is a saying "God Bless America" well TBBC Veterans will assist America in blessing God. All interested please sign up at the Core Desk or call the Church Office at 716-895-8222.

### **SICK & SHUT-IN AND**

**BEREAVEMENT MINISTRY:** If you are a citizen of God's kingdom and have a heart for the hurting, we need your help. Help us serve the people of God. We meet every 4th Tuesday at 6:00 PM.

**Nurses Ministry:** will be having a Desert Special on Sunday, Feb., 19, 2012 after the 7:45 and 9:30 services in the vestibule at 907 E. Ferry St.

**Nurses Ministry:** Save The date: March 17, 2012 for a very important and

life changing experience happening at 907 E Ferry St. 9:00AM-12:00PM. Please come expecting to receive! More information will be posted in upcoming bulletins.

**Women's Ministry:** will host a Lace and Pearls Pot Luck luncheon on January 21, 2012 at 11am. This fellowship is for all women ages 25 and over. For more information contact Minister Johnson at [LJohnson@truebethel.com](mailto:LJohnson@truebethel.com) or stop by the Core desk to sign up

### **TBBC Bootcamp General Ministry Training:**

will be held on January 10, 2012 from 6:00-8:00PM and January 14, 2012 from 10:00-12:00PM. This training is to equip our members to be 'workers in the vineyard' and to do God's will. The training will entail Diversity, Dealing With Difficult People, and many more topics.

# ***My Thoughts From The Chemotherapy Chair***

*-Submitted by Chantell Baldon*

Tuesday, November 29, 2011

I force myself out of bed not feeling well and forcing myself to eat before arriving for my 3<sup>rd</sup> cycle of 6 Chemotherapy cycles. As I arrive there are woman of different ages laying back in their green recliners as the Chemo drips through their IV's. I say my good mornings and sit in my green recliner waiting for one of the nurses to hook me up to my IV. As I am being hooked up I chat with the nurses about how I am feeling and I chat with my sister and the other women.

I am over come with numbness as I do each time just thinking back to when I was first diagnosed. And I must admit that sometimes "Fear" sneaks into my spirit when looking around the room. I just get over whelmed with the thought of death. But then I start speaking to myself as the Benadryl starts to kick in, that from the beginning of this journey God showed me that I would be telling others how he brought me through and that I would have life after Cancer.

Now as the Chemo bags start to drip I just think to myself that okay Lord only 3 more and I hope and pray that I will have no sickness with this treatment or in between until my next treatment. With Chemo it can cause many side effects both short term and long term. I close my eyes and think of resting in God's arms and a sense of peace fills my spirit. Honestly, sometimes tears fall from my eyes just overwhelmed with the atmosphere and I find it hard to believe that I have been dealt this hand of life. I also hear the voice of the HR lady at my job telling me that my insurance would be void at the end of January. Then I remember that God is in control and he will see me through this. And I say to myself really "Chantell" for this is not your battle anyway, it belongs to the Lord. I just pray to God that he protect and heal my body from any harm that the cancer or chemo may cause.

Finally after about 5 hours of treatment I think to myself thank God that's over at least for another 21 days. Now I can pretend for the next couple of weeks that I was never diagnosed and pray to God for strength to get me through the next couple of weeks and back to the next treatment.

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## ***I Thank God for My Hair***

*by RiShon Odel*

I thank God for my hair  
It ties me to my rich cultural ancestry  
It allows to think and create freely, without having to ponder over something technically  
Improvisation is no problem, to be the best at what I attempt is too easy  
I thank God for my hair  
It is the light that leads me through the tunnel of all darkness  
It is the root of all humanities  
With it, I am identified as being the strongest, most feared, most hated of all God's creations  
It gives me comfort in every surrounding  
It lets me know that I am free  
It lets me know where I am from and where I am going  
I thank God for my hair  
As I watch many of my brothers and sisters wander aimlessly, hating themselves and those like them, my heart hurts and my mind pities their foolish bamboozled ways of their diluted bloodstream  
You see, I thank God for my hair  
For I feel with my heart all of my five, no six, senses what most can't  
While most are trying to read, dissect and ponder over Who is for real,  
My hair lets me know that I, Me, Myself is Real  
Forget what you heard, see on TV, and even learn in school  
I thank God for my hair  
I am the true creator of all art forms, the father of all civilization  
My flesh is the Grand Mother of the color scheme  
Without me, there is no YOU  
I am Jazz, I am rock-n-roll, I was given the blues so that you may have your Country  
I realize that I have been made perfect and so does the key holder  
But because of the strength of my hair, who is brave enough to let me do what I do and take mine own credit?.....  
I thank God for my hair  
While many people struggle with their identity from birth to death,  
I know my roots extend from B.C. to Anno Domini  
I bore gifts to His son, I was there in the holocaust and I run ramped through every country.... being dismissed, shot down and shunned  
There is no mistake of my identity  
While many of you are talking of good hair and bad hair, the only bad hair is hair that displaces you from heritage  
My hair connects me to my forefathers and my sons allowing me to evoke the very spirit that you wish you had  
You see I am born with it, some may acquire it and some it will never be  
I thank God for my hair, Do You?

## **Job Opportunities:**

**THE STRAUSS GROUP** is looking to hire 200 people for Customer Service/Call Center positions. Pay range is from \$11-16. Please contact Jesse Hawkins 716- 631-3200

**ROSWELL PARK CANCER INSTITUTE** is looking for a part-time Food Service Worker (posting # 2267). Pay is \$12.02 per hour and the shifts vary. Applicant qualifications: High School diploma or GED. Please apply by emailing or mailing your resume and cover letter to employment@roswellpark.org or Roswell Park Cancer Institute Employment Office Elm & Carlton Streets Buffalo, NY 14263.

**ROSWELL PARK CANCER INSTITUTE** is looking for a Licensed Nurse Practitioner (posting # 2273). Pay is \$18.53 per hour and the shifts vary. Applicant qualifications: must possess a license or permit to practice as a LPN in the state of NY and graduated from an accredited LPN program. Please apply by emailing or mailing your resume and cover letter to employment@roswellpark.org or Roswell Park Cancer Institute Employment Office Elm & Carlton Streets Buffalo, NY 14263.

**INDEPENDENT HEALTH** is looking for a full-time Quality Assurance Analyst. Apply online at [www.independenthealth.com](http://www.independenthealth.com).

**BAKER VICTORY SERVICE** is looking for a Direct Support Professional. Apply online at [www.bakervictoryservices.org](http://www.bakervictoryservices.org) or mail your resume and cover letter to Baker Victory Services 780 Ridge Rd. Lackawanna, NY 14218. Attention Employment Manager.

**ITT ENIDINE, INC.** is looking for a Design Engineer. Apply online at [www.enidine.com](http://www.enidine.com)

## **Community**

### **New Life Residential Center**

**Inc.,** is a grass root agency who opened their doors to the public on July 1, 1997 to a multicultural population of women who were homeless due to their use and abuse of controlled substances. Our mission is to help nurture these broken women and allow them another chance at life where others have cast them out. We provide shelter, meals, self help groups, etc. God has equipped the staff that make up New Life Residential Center to serve the needs of each woman when they are ready to turn their lives around. We would like to thank you for giving us the opportunity to be a witness to what God has done and is continuing to do for the souls that He has placed in our care.

### **Women's Health Radio**

**Program** with Dr. Catherine Fisher Collins as host at 8:00AM. Please tune into AM 1400. For more information contact Womens Health Radio Program PO Box 212. Buffalo, NY 14207 or 716-541-5540.

# Love Rising....

Elder Shareef Ali II surveyed what was missing from his life as well as the lives of the many people whom he reached through ministry and what he came up with was Love.



This simple word means so much more than its four letters suggest, according to Ali. "Love is the highest form of respect and respect, the peak result of love. Many times in our culture we say 'I love you' as a term of endearment. And as Christians we should love all people, but we must also work like Christ did to express this love to every single person we come in contact with regularly. I believe this with everything I am but I am confident it starts between a man and woman."

Ali started an organization, Love~Life, the Relationship Institute in May of 2011 and has since been holding free seminars, lectures and workshops. His mission through Love~Life is to create an enthusiasm for the love of life which in turn will make for a greater love life. The approach he uses is based on biblical principles and academic research. He aspires to assist individuals with self improvement which in turn will enable them to be more receptive to their partner and to prepare single people for the partner to come.

Love~Life was established after Shareef felt God nudging him to spread the word that marriage is not a fad. He believes the disregard for this most esteemed covenant is a major factor in the dissolution of family systems as well as the number two cause, trailing education, for our community's overpopulation with misery and poverty.

The idea that everything starts at home is what initiated his studies.

Each year, over 1 million American children suffer the divorce of their parents; moreover, half of the children born this year to parents who are married will see their parents' divorce before they turn 18. Mounting evidence in social science journals demonstrates that the devastating physical, emotional, and financial effects that divorce is having on these children will last well into adulthood and affect future generations. (Fagan Ph.D, Patrick, and Robert Rector. "The Effects of Divorce on America.")

Shareef believes that a lot of us are unable to maintain loving relationships because we are not properly taught or guided. "A pistol permit is necessary to carry a gun, a license is crucial in order to drive and classes are provided for each but the fundamental thing, love, that each of us need to live and thrive, and grow is left to chance and I am changing that." Elder Shareef Ali II

*-Elder Shareef Ali II next free seminar will be held Saturday, January 14, 2012 at 12:00PM at the Merriweather Library 1321 Jefferson Ave.*

## A Year Of Personal Reflection

*-Submitted by Lynn King*

### 1. Take a personal inventory over your life for the year 2011

What were goals you accomplish this year that you were proud of?

What were some goals you did not accomplish for this year?

What are some things you would do differently?

### 2. Know your numbers

Blood Pressure

Cholesterol

Weight

### 3. Know your family risk

Does High blood pressure, Diabetes, High Cholesterol Heart Disease, and Cancer run in your family?

If so what are you actively doing to prevent the onset and development of these chronic diseases.

### 4. De-clutter

De-clutter your mind to negative thoughts and emotions that have held you back, from what God has in store for you.

De-clutter your actual physical house from clutter.

(Get rid of items such as clothing, shoes,

**De-clutter your mind to negative thoughts and emotions that have held you back, from what God has in store for you.**

'household items etc. that you have not used in the last 6 months to a year)

\*This is a good time of the year to donate to local charities to get a tax write off for the year.

### 5. Goal Setting for 2012

Make the goals you set for the New Year S.M.A.R.T. goals.

S-pecific

M-easurable

A-ttainable

R-ealistic

T-imely

Once you have set your S.M.A.R.T goals, choose a reward that you will give yourself after achieving each goal you have meet.

Hopefully these tips will help you have successful and prosperous New Year!

**MISSION:**  
**INCREASE**  
"Moving YOU from observing to SERVING"  
DEUTERONOMY 8:1-18

**Every Ministry is looking to increase its participation. If YOU are interested in SERVING please attend a ministry meeting or rehearsal. Sign up at the Core Desk or Contact the Church Office at 716-895-8222. ALL are welcome.**



# SERVICES:

Surf with Us...!  
 Don't forget to check out  
 True Bethel's Facebook Page  
 for Buffalo  
 and Niagara Falls!



Find us below  
 True Bethel Baptist Church  
 True Bethel Baptist Church  
 Niagara Falls

Follow us on Twitter...  
 @true\_bethel

**EAST LOCATION**  
**"Traditional Experience"**  
**7:45 AM**  
**"Contemporary Experience"**  
**9:30 AM**  
**at 907 E. Ferry St.**

**NIAGARA FALLS  
 LOCATION**  
**11:00 AM**  
**at 1112 South Avenue**  
**Niagara Falls, NY 14305**

**DOWNTOWN LOCATION**  
**"No Limit Experience"**  
**11:00 AM at 472 Swan St.**

## Church Office Hours

**Monday – Friday: 9:00 AM- 5:00 PM**  
**Phone: 716-895-TBBC (8222) Fax: 716-895-5094**  
**Email: tbbc@truebethel.com**

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WILLIAM H. MURPHY MINISTRIES PRESENTS

THE 2012  
 INTERCESSORY PRAYER CONFERENCE  
*in atlanta*

WEDNESDAY, JANUARY 4, 2012 - FRIDAY, JANUARY 6, 2012

**GOD** *is not complicated...*

*"A Simple Church"*

simple (sim-puh l) 1. easy to understand, deal with use, 2. not elaborate or artificial; plain, 3. modest, humble or lowly, 4. not complicated.

**WWW.TRUEBETHEL.ORG**

[www.truebethel.org](http://www.truebethel.org)